



## Florida Home Companion Tasks

### Basic Tasks

- Meal preparation
- Errands and shopping
- Doctors' appointments
- Medication reminders
- Light housekeeping
- General supervision
- Companions

### Specific tasks

- Accompany to lunch or dinner
- Aid with airport tasks
- Aid with morning and wake-up
- Aid with reading
- Answer the door
- Arrange appointments
- Assist with clothing selection
- Assist with entertaining
- Assist with evening and tuck-in
- Assist with laundry and ironing
- Assist with pet care
- Attend club meetings and sporting events
- Attend Events such as plays and concerts
- Buy magazines, papers and books
- Care for houseplants
- Caring Companionship & Conversation
- Change Linens & Bed Making
- Clip coupons for shopping
- Coordinate Home Services
- Correspondence
- Discuss current and historical events
- Drop off and pick up dry cleaning
- Dust furniture
- Errands & Transportation
- Escort for shopping and errands
- Escort to appointments

- Escort to religious services
- General Shopping
- Grocery Shopping
- Help with Bills/Mail
- Ironing
- Laundry
- Light Housekeeping
- Mail bills and letters
- Maintain calendar
- Maintain family scrapbook
- Meal Planning & Preparation
- Medication reminders
- Monitor diet and eating
- Monitor Food Freshness
- Monitor TV usage
- Offer elderly companionship and conversation
- Organize and clean closets
- Organize mail
- Oversee home deliveries
- Participate in crafts
- Pick up prescriptions
- Plan visits, outings and trips
- Plan, prepare and clean up meals
- Play games and cards
- Prepare future meals
- Prepare grocery lists
- Provide medication reminders
- Provide reminders for appointments
- Read religious materials
- Record and arrange recipes
- Reminisce about the past
- Rent and play movies
- Review Phone Messages
- Shop for groceries and supplies
- Stimulate mental awareness
- Supervise Home Maintenance Help
- Take out garbage
- Vacuuming

- Visit neighbors and friends
- Walking Assistance
- Wash Dishes
- Weather Awareness
- Write letters and correspondence

### Nurse Registry Tasks

- Hands- on Care
- Transferring
- Toileting
- Bathing
- Changing Adult Diapers
- Administering Medication
- Dressing
- Assistance in Eating
- Ambulation
- Creating a Medical Plan in
  - conjunction with Patient's M.D.
- Assisting client when walking